

opusdei.org

Centres for Men in East Africa

There are several centres for men in Nairobi and other towns in Kenya as well as in Uganda

01/18/2018

Eastlands Centre (high school boys, college students and professionals).

Off: Lunga Lunga Rd

P.O.Box 66956

00200 Nairobi

Contact Person: Mr. Moses Muthaka

Tel: +254 721 439241

E-mail: mmuthaka@ect.ac.ke

Website: : www.ect.ac.ke/about-us/eastlands-center/

Hodari Club (For primary and high school boys)

Ndoto Rd, Lavington

P. O. Box: 25165

00603 Nairobi

Tel: +254-720 278 295

Email: hodariclub@gmail.com

Website: www.hodariclub.or.ke

Mbagathi Study Centre (University Students)

Ole Sangale Rd

P. O. Box: 59857

00200 Nairobi

Tel: +254-795637755

Email:

mbagathistudycentre@gmail.com

Website: [https://
www.mbagathistudycentre.org](https://www.mbagathistudycentre.org)

Satima Study Centre (University Students and young professionals)

No. 24, Ojijo Rd, Parklands

P. O. Box 9027

0100, Nairobi

Tel: +254-700317464

Email: info@satima.org

Website: www.satima.org

Sudek Study Centre

No. 15 & 16, Siwaka Estate,
Madaraka

P. O. Box: 35010

00100 Nairobi

Email: director@sudek.org

Website: www.sudek.org

Lavington Centre (for professionals)

Contact Person: Mr. Rafa Gortazar

**Madaraka Centre (for
professionals)**

Contact Person: Andrew Ritho
+254-729852647

Mombasa

Nyali Study Centre

Barracks Rd, Mombasa
P. O. Box: 95596
80106, Mombasa
Tel: +254-720-388255

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Uganda

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Bugala Study Centre

Plot 2 Kyadondo Road, Nakasero
P.O Box 21706,
Kampala
Tel : +256 784 456 393
email: info@bugala.org
website: www.bugala.org

Regular trips are made to:

Eldoret

Kenmosa Village, off Eldoret-Eldama
Ravine Road

Contact Person: Mr. Philip Kipkoech

Tel: +254 721 945131

Kisumu

Sango Cultural Centre

Impala Way, off Riddoch Road

P. O. Box: 1115

40100, Kisumu

Tel: +254-721 413 604

Contact Person: Mr. Mike Odera

Nyeri

Contact Person: Mr. James Kande

Tel: +254-721 758 583

Nakuru

Contact Person: Mr. Stephen

Momanyi

Tel: +254-721 438 964

Machakos

Contact Person: Mr. Anthony

Kahindi

Tel: +254-721 546 031

Kitui

Contact Person: Mr. Vincent

Ndoloka

Tel: +254726407046

Dar es Salaam, Tanzania

Contact Person: Mr. Charles Sotz

Tel: +254 720 388 255

Kigali, Rwanda

Contact Person: Mr. Elijah Kirabira

Tel: +256 756 858967 / +256 775
444937

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