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Spiritual Retreats 2019

A list of Spiritual Retreat in East
Africa in 2019

12/25/2018

A list of Spiritual Retreat in the
following towns and conference
centres.

2019 Retreats Brochure

Nairobi (Kenya)

- **Tigoni Study Centre**
- **Tigoni House**
- **Kimlea Clinic**

- **Eastlands College**

Mombasa (Kenya)

- **Jahazi**

Kampala (Uganda)

- **Tusimba Study Centre:**
- **Tusimba House: Kampala (Uganda)**

Kisumu (Kenya)

Nyeri- Thika (Kenya)

Mumias (Kenya)

Dar es Salam (Tanzania)

Women

- Women
- Young Women
- School Girls
- Hospitality Students
- University & College Students

Men

- Spiritual Retreats for Men
- Retreat For Priests
- Seminar For Priests
- Seminar for Seminarians
- Spiritual Retreats for Young Men
- Spiritual Retreats for School boys

For women

Weekend: Thursday 7pm - Sunday 4pm

Weekday: Monday 10am - Wednesday 4pm

17-Jan to 20-Jan * Tigoni Study Centre

28-Feb to 03-Mar Dar-es-Salaam

28-Mar to 31-Mar Tusimba Study Centre

11-Apr to 14-Apr *** **Tigoni House**

20-May (Mon) to (Wed) 22-May *
Tigoni Study Centre

23-May to 26-May ** **Tigoni Study
Centre**

27-Jun to 30-Jun ** **Tigoni Study
Centre**

11-Jul to 14-Jul * **Tigoni Study
Centre**

25-Jul to 28-Jul **Tusimba Study
Centre**

29-Jul (Mon) to (Wed) 31-Jul ** **Tigoni
Study Centre**

05-Aug (Mon) to (Wed) 07-Aug *
Tigoni Study Centre

15-Aug to 18-Aug *** **Tigoni House**
Kiswahili

29-Aug to 01-Sep ** **Tigoni Study
Centre**

05-Sep to 08-Sep * **Tigoni Study Centre**

30-Sep (Mon) to (Wed) 02-Oct **
Tigoni Study Centre

24-Oct to 27-Oct **Tusimba Study Centre**

31-Oct to 03-Nov * **Tigoni Study Centre**

04-Nov (Mon) to (Wed) 06-Nov **
Tigoni Study Centre

07-Nov to 10-Nov **** **Jahazi**

14-Nov to 17-Nov *** **Tigoni House**

28-Nov to 01-Dec ** **Tigoni Study Centre**

05-Dec to 08-Dec * **Tigoni Study Centre**

Reservations:

* *Samara: +254 202406491*

*MPesa Paybill 890200 Kianda
Foundation*

*** Olokira: +254 703034470/2*

****Watani: +254 572522743*

*****Jawabu: +254 726895206 or +254
720313841*

*Tusimba Study Centre: +256
773781896 or +256 783488419*

For young women

Young Professionals

**Weekend: Thursday 7pm - Sunday
4pm**

21-Mar to 24-Mar * Tigoni House

30-May to 02-Jun * Tigoni House

08-Aug to 11-Aug * Tigoni House

28-Nov to 01-Dec * Tigoni House

05-Dec to 08-Dec **** Tigoni House**

Reservations:

**Roshani +254 202712258*

***Watani: +254 572522743*

School Girls

Weekend: Thursday 7pm - Sunday 4pm

08-Apr(Mon) to(Wed) 10-Apr Tigoni House

05-Aug(Mon) to(Wed) 07-Aug Tigoni House

18-Nov(Mon) to(Wed) 20-Nov Tigoni House

Reservations:

Faida: +254 721243131 or +254 738139999

MPesa Paybill 910196 Faida Centre

Hospitality Students

14-Mar to 17-Mar Tewa

15-Apr(Mon) to(Wed) 17-Apr **Tigoni House**

22-Apr(Mon) to(Wed) 24-Apr **Tigoni House**

13-Jun to 16-Jun Tewa

23-Sep(Mon) to(Wed) 25-Sep **Tigoni House**

02-Dec(Mon) to(Wed) 04-Dec **Tigoni House**

Reservations:

Kibondeni College +254 721201117

University & College Students

Weekend: Thursday 7pm - Sunday 4pm

17-Jan to 20-Jan **Tusimba House**

14-Feb to 17-Feb **** Tigoni House**

07-Mar to 10-Mar **Tusimba House**

25-Apr to 28-Apr **** Tigoni House**

01-Jun to 04-Jun **Tusimba House**

27-Jun to 30-Jun *** Tigoni House**

29-Aug to 01-Sep **** Tigoni House**

19-Sep to 22-Sep **Tusimba House**

10-Oct to 13-Oct **** Tigoni House**

07-Nov to 10-Nov *** Tigoni House**

Reservations:

** Fanusi: +254 202694139*

Mpesa Paybill 565240 Fanusi Centre

*** Keri: +254 703034480/1*

****Tusimba House: +256 701833144*

For men

Weekend: Thursday 7pm - Sunday 4pm

21-Feb to 24-Feb **Tigoni House**
Kiswahili

21 Feb to 24-Feb **Tusimba House**
Young professionals

14-Mar to 17-Mar Bungoma

21-Mar to 24-Mar **Tusimba Study**
Centre

28-Mar to 31-Mar **Tigoni Study**
Centre

28-Mar to 31-Mar **Jahazi**

02-May to 05-May **Jahazi**

09-May to 12-May **Tusimba Study**
Centre

09-May to 12-May **Jahazi**

06-Jun to 09-Jun **Tigoni Study Centre**

27-Jun to 30-Jun **Tusimba Study Centre**

18-Jul to 21-Jul Bungoma

25-Jul to 28-Jul **Tigoni Study Centre**

22-Aug to 25-Aug **Jahazi Young professionals**

19-Sep to 22-Sep **Tigoni Study Centre**

17-Oct to 20-Oct Bungoma

03-Oct to 06-Oct **Tusimba Study Centre**

24-Oct to 27-Oct **Tigoni Study Centre**

31-Oct to 03-Nov **Jahazi**

07-Nov to 10-Nov **Tusimba House Young professionals**

21-Nov to 24-Nov **Tigoni Study Centre**

**25-Nov(Mon) to(Wed) 27-Nov Tigoni
Study Centre**

Reservations:

Spiritual Retreats in Tusimba: +256
776611807

Spiritual Retreat for Priests

**Weekday: Monday 10am - Friday
10am**

**04-Feb(Mon) to(Fri) 08-Feb Tusimba
Study Centre**

**06-May(Mon) to(Fri) 10-May Tigoni
Study Centre**

27-Dec(Fri) to(Tu) 31-Dec Jahazi

Seminar for Priests

09-Sep(Mon) to(Fri) 13-Sep Jahazi

Seminar for Seminarians

06-May(Mon) to(Fri) 10-May Tigoni House

**27-May(Mon) to(Fri) 31-May
Tusimba House**

Reservations:

Imara Educational Foundation

+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

Young men

**Spiritual Retreats for University
Students & Young Professionals**

**Weekend: Thursday 7pm - Sunday
4pm**

10-Jan to 13-Jan Tusimba House

24-Jan to 27-Jan **Tigoni House**

07-Feb to 10-Feb **Tusimba House**

11-Feb to 13-Feb **Tigoni House**

14-Feb to 17-Feb **Kisumu**

21-Feb to 24-Feb **Jahazi**

14-Mar to 17-Mar **Tusimba House**

13-May to 15-May **Tigoni House**

06-Jun to 09-Jun **Tigoni House**

20-Jun to 23-Jun **Tigoni House**

08-Jul to 10-Jul **Tigoni House**

25-Jul to 28-Jul **Tigoni House**

22-Aug to 25-Aug **Tigoni House**

12-Sep to 15-Sep **Kisumu**

19-Sep to 22-Sep **Tigoni House**

19-Sep to 22-Sep **Jahazi**

03-Oct to 06-Oct **Tigoni House**

10-Oct to 13-Oct **Tusimba House**

17-Oct to 20-Oct **Tigoni House**

24-Oct to 27-Oct **Tigoni House**

31-Oct to 03-Nov **Tusimba House**

21-Nov to 24-Nov **Tigoni House**

21-Nov to 24-Nov **Jahazi**

28-Nov to 01-Dec Kisumu

Reservations:

+254795637755

*Spiritual Retreats in Tusimba: +256
782763773*

**Spiritual Retreats for School
boys**

15- April (Mon) to 17-April (Wed)
Strathmore School****

25-Apr (Thu) to 28-Apr (Sun)
Strathmore School*

29-Apr (Mon) to 01-May (Wed)
Jahazi**

02-Aug (Fri) to 04-Aug (Sun)
Kisumu***

16- Aug (Fri) to 18-Aug (Sun)
Strathmore School****

08- Nov (Fri) to 10-Nov (Sun)
Strathmore School****

25-Nov (Mon) to 27-Nov(Wed) Tigoni
House*

Reservations:

*Hodari +254 720 278 295

**Nyali +254 720 388 255

***Sango +254 721 413 604

****Eastlands Centre +254 718 340
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