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## Spiritual Retreats 2021

The following spiritual retreats have been organised at the various venues listed below in 2021.

02/24/2021

#### Venues:

## Nairobi (Kenya)

- Tigoni Study Centre
- Tigoni House
- Strathmore School

## Mombasa (Kenya)

• Jahazi Conference Centre

## Kampala (Uganda)

- Tusimba Study Centre
- Tusimba House

## Kisumu (Kenya)

Meru (Kenya)

Bungoma (Kenya)

Dar es Salam (Tanzania)

#### Women

- Retreat for Women
- Retreat for Young Women
- Retreat for School Girls
- Retreat for Hospitality Students
- Retreat for University & College Students

#### Men

- Retreats for Men
- Retreats for Young Men (young professionals)
- Retreats for University & College Students
- Retreats For Priests
- Seminar For Priests
- Seminar for Seminarians
- Spiritual Retreats for School boys

#### For women

Weekend: Thursday 7pm - Sunday 4pm

Weekday: Monday 10am -Wednesday 4pm

28-Jan to 31-Jan\* **Tigoni Study Centre** 

25-Feb to 28-Feb\* Tigoni Study Centre

22-Mar to 24-Mar\* Tigoni Study Centre

24-Mar to 27-Mar**Tusimba Study Centre** 

15-Apr to 18-Apr \*\*\* **Tigoni House** 

13-May to 16-May\* **Tigoni Study Centre** 

20-May to 23-May Tusimba Study Centre

27-May to 30-May\* Tigoni Study Centre

07-Jun to 09-Jun\* **Tigoni Study Centre** 

08-Jul to 11-Jul\* Tigoni Study Centre

**22-Jul**to 25-Jul**Tusimba Study Centre** 

29-Julto 01-Aug\* **Tigoni Study Centre** 

16-Aug to 18-Aug\* Tigoni Study Centre

19-Aug to 22-Aug\*\*\* **Tigoni House** Kiswahili

21-Oct to 24-Oct\* **Tigoni Study Centre** 

28-Oct to 31-Oct\* Tigoni Study Centre

28-Oct to 31-Oct Tusimba Study Centre

11-Nov to 14-Nov\*\*\*\* Jahazi

11-Nov to 14-Nov\*\*\* Tigoni House

15-Nov to 17-Nov\* **Tigoni Study Centre** 

02-Dec to 05-Dec\* **Tigoni Study Centre** 

#### 06-Dec to 09-Dec\* Tigoni Study Centre

#### **Reservations:**

\* Samara: +254 202406491

MPesa Paybill 890200 Kianda Foundation

\*\* Olokira: +254 703034470/2

\*\*\*Watani: +254 572522743

\*\*\*\* Jawabu: +254 726895206 or +254

720313841

Tusimba Study Centre: +256 773781896 or +256 783488419

## For young women

## **Young Professionals**

Weekend: Thursday 7pm - Sunday 4pm

25-Mar to 28-Mar\*Tigoni House

03-Jun to 06-Jun\*Tigoni House

05-Aug to 08-Aug\***Tigoni House** 

18-Nov to 21-Nov\***Tigoni House** 

02-Dec to 05-Dec\*\* **Tigoni House** 

## **Reservations:**

\*Roshani +254 202712258

\*\*Watani: +254 572522743

## **School Girls**

Weekend: Thursday 7pm - Sunday 4pm

02-Aug to 04-Aug**Tigoni House** 

22-Nov to 24-Nov**Tigoni House** 

#### **Reservations:**

Faida: +254 721243131 or +254 738139999

MPesa Paybill 910196 Faida Centre

Watani: +254 572522743

Jawabu: +254 726895206 or +254

720313841

## **Hospitality Students**

16-Sep to 19-Sep Tigoni House

#### **Reservations:**

Kibondeni College +254 721201117

## **University & College Students**

Weekend: Thursday 7pm - Sunday 4pm

11-Feb to 14-Feb Jahazi

26-Aug to 29-Aug\*\* Tigoni House

16-Sep to 19-Sep Jahazi

07-Oct to 10-Oct\* Tigoni House

#### **Reservations:**

\* Fanusi: +254 202694139

Mpesa Paybill 565240 Fanusi Centre

\*\* Keri: +254 703034480/1

#### For men

Weekend: Thursday 7pm - Sunday 4pm

18-Feb to 21-Feb **Tusimba Study Centre** 

11-Mar to 14-Mar **Tusimba Study Centre** 

11-Mar to 14-Mar **Tigoni Study Centre** 

25-Mar to 28-Mar Jahazi

29-Apr to 02-May **Tigoni Study Centre** 

07-May to 09-May **Tigoni House Kiswahili**  28-May to 30-May **Jahazi Young professionals** 

24-Jun to 25-Jul**Tigoni Study Centre** 

24-Jun to 27-Jun Jahazi

29-Jul to 01-Aug **Tusimba Study Centre** 

23-Sep to 26-Sep **Tigoni Study Centre** 

01-Oct to 03-Oct **Tigoni House Kiswahili** 

21-Oct to 24-Oct Jahazi

21-Oct to 24-Oct **Tusimba Study Centre** 

25-Nov to 28-Nov **Tigoni Study Centre** 

29-Nov to 01-Dec **Tigoni Study Centre** 

## For Young men

Weekend: Thursday 7pm - Sunday 4pm

### **Young Professionals**

20-May to 23-May **Tigoni House** 

10-Jun to 13-Jun **Tigoni House** 

14-Oct to 17-Oct**Tigoni House\*** 

#### **Reservations:**

+254729852647

\* Riverside Residence +254700480480

## **University & College Students**

28-Jan to 31-Jan **Nyali** 

11-Feb to 14-Feb**Tusimba House** 

24-Jun to 27-Jun**Tigoni House** 

22-Jul to 25-Jul **Tigoni House** 

12-Aug to 15-Aug**Tigoni House** 

23-Sep to 26-Sep**Tigoni House** 

30-Sep to 03-Oct **Nyali** 

16-Sep to 19-Sep**Tusimba House** 

04-Oct to 06-Oct**Tigoni House** 

21-Oct to 24-Oct**Tusimba House** 

25-Nov to 28-Nov**Tigoni House** 

25-Nov to 28-Nov **Nyali** 

#### **Reservations:**

Imara Educational Foundation+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

## **Spiritual Retreat for Priests**

Weekday: Monday 10am - Friday 10am 08-Feb to 12-Feb**Tusimba Study Centre** 

03- May to 07-May**Tigoni Study Centre** 

27-Dec to 31-Dec Jahazi

**Seminar for Priests** 

6-Sep to 10-Sep Jahazi

**Seminar for Seminarians** 

4-May to 7-May Tigoni House

24-May to 28-May Tusimba House

**Reservations:** 

Imara Educational Foundation

+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

# Spiritual Retreats for School boys

12-Mar to 14-Mar\*\*\*\*Eastlands
Centre

29-Apr to 02-May Tigoni House

29-Apr to 02-May\*\*Nyali

31-May to 02-Jun\*\*\*\*Eastlands Centre

08-Oct to 10-Oct\*\*\*\*Eastlands
Centre

29-Nov to 01-Dec \*Tigoni House

#### **Reservations:**

\*Hodari +254 720 278 295

\*\*Nyali +254 720 388 255

\*\*\*\*Eastlands Centre +254 718 340 800 pdf | document generated automatically from https:// dev.opusdei.org/en-ke/article/spiritualretreats-2021/ (08/06/2025)