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Spiritual retreats in East Africa 2017

A Spiritual Retreat is time spent away from your ordinary occupations, during which you can reflect on how you live your faith in your everyday work, family life and relationships with others. Here are the retreat dates for 2017.

01/01/2017

Download Brochures

[Tigoni Retreats 2017](#)

Jahazi Retreats 2017

A list of Spiritual Retreat in the following towns and conference centres.

Nairobi (Kenya)

- **Tigoni Study Centre**
- **Tigoni House**
- **Kimlea Clinic**
- **Eastlands College**

Mombasa (Kenya)

- **Jahazi**

Kampala (Uganda)

- **Tusimba Study Centre:**
- **Tusimba House: Kampala (Uganda)**

Kisumu (Kenya)

Nyeri- Thika (Kenya)

Mumias (Kenya)

Dar es Salam (Tanzania)

Women

- Women
- Young Women
- School Girls
- Hospitality Students
- University & College Students

Men

- Spiritual Retreats for Men
- Retreat For Priests
- Seminar for Seminarians
- Spiritual Retreats for Young Men
- Spiritual Retreats for School boys

For women

Weekend: Thursday 7pm - Sunday 4pm

February 2 - 5* Tigoni Study Centre

March 30 - 2 April **Kisumu**

April 6 – 9 **Tusimba Study Centre**

April 27 - 30*** **Tigoni House**

May 4 - 7** **Tigoni Study Centre**

May 5 – 7**** **Jahazi**

May 25 - 28 **Nyeri- Thika**

June 22 - 25* **Tigoni Study Centre**

July 6 – 9 **Eldoret**

July 6 - 9****Tigoni Study Centre**

July 20 - 23***Tigoni Study Centre**

July 27 – 30 **Tusimba Study Centre**

July 27 - 30 **Dar es Salam**

August 17 -20 **Busia**

August 17 - 20*** **In Kiswahili
Tigoni House**

October 26 – 29 Tusimba Study Centre

October 26 - 29* Tigoni Study Centre

November 2 – 5 ** Jahazi**

November 9 - 12* Tigoni House**

November 30 - December 3 Tigoni Study Centre**

**Weekday: Monday 10am -
Wednesday 4pm**

March 20 - 22 Tigoni Study Centre**

May 29 - 31* Tigoni Study Centre

June 5 - 7 Tigoni Study Centre**

August 7 - 9* Tigoni Study Centre

August 28 - 30 Tigoni Study Centre**

October 2 - 4 Tigoni Study Centre**

December 4 - 6* Tigoni Study Centre

Reservations:

** Samara: +254 722530449 or
0202406491*

*** Olokira: +254 722625468*

****Watani: +254 720892247*

*****Jawabu: +254 734822906 or +254
720313841*

For young women

Young Professionals

**Weekend: Thursday 7pm - Sunday
4pm**

January 19 – 22 Tusimba House

March 23 - 26 Kimlea Clinic

May 4 – 7 Tigoni House

April 20 – 23 Tusimba House

April 27 – 30 Kisumu

September 7 – 10 Tigoni House

September 14 – 17 Tusimba House

November 2 – 5 Tigoni House

**Reservations: Roshani: +254
703228653**

School Girls

**Weekend: Thursday 7pm - Sunday
4pm**

April 10 – 12 Tigoni House

August 14 – 16 Tigoni House

November 20 – 22 Tigoni House

Reservations: Faida: +254 721243131

Hospitality Students

April 17 - 19* Tigoni House

April 20 - 23* Kimlea Clinic

April 24 - 26Tigoni House**

December 4 - 6Tigoni House**

December 4 - 6* Kimlea Clinic

Reservations:

**Watani: +254 720662159*

***Kianda Catering: +254 774175424*

University & College Students

**Weekend: Thursday 7pm - Sunday
4pm**

February 16 - 19 Tigoni House**

March 2 - 5* Tigoni House

June 22 - 25* Tigoni House

July 20 - 23 Tigoni House**

October 12 - 15* Tigoni House

November 16 - 19 Tigoni House**

Reservations:

** Fanusi: +254 708242699*

*** Keri: +254 724501852 or +254 703034480/1*

For men

Weekend: Thursday 7pm - Sunday 4pm

March 9 – 12 Tigoni Study Centre

March 16 – 19 Mumias

March 16 – 19 Tusimba Study Centre

March 30 - April 2 Jahazi

June 1 - 4 Tusimba Study Centre

June 1 – 4 Tigoni Study Centre

June 15 - 18 In Kiswahili Tigoni House

June 29 - July 2 **Jahazi**

June 29 - July 2 **Tigoni Study Centre**

July 13 – 16 **Mumias**

July 27 - 30 **Tigoni Study Centre**

August 31 - September 3 **Tigoni Study Centre**

September 21 – 24 **Tigoni Study Centre**

October 19 – 22 **Tusimba Study Centre**

October 19 – 22 **Mumias**

October 26 – 29 **Jahazi**

November 23 – 26 **Tigoni Study Centre**

Spiritual Retreat for Priests

Weekday: Monday 10am - Friday 10am

May 8 - 12 Tigoni Study Centre

September 11 - 22 Seminar Jahazi

December 27 - 31 Jahazi

Seminar for Seminarians

**Weekday: Monday 10am - Friday
10am**

May 8 - 12 Tigoni House

Reservations:

Imara Educational Foundation

+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

Young men

**Spiritual Retreats for University
Students & Young Professionals**

Weekend: Thursday 7pm - Sunday 4pm

January 12 – 15 Tusimba House

January 26 – 29 Tigoni House

February 16 – 19 Tusimba House

February 23 – 26 Jahazi

March 2 – 5 Tusimba House

April 13 - 16 Kisumu

June 1 – 4 Tigoni House

June 29 - July 2 Tigoni House

July 27 – 30 Tigoni House

August 24 – 27 Tigoni House

August 31 – 3 Sept Tusimba House

September 14 – 17 Kisumu

September 21 – 24 Jahazi

September 21 – 24 Tigoni House

September 28 – 1 Oct Tusimba House

October 5 – 8 Tigoni House

October 19 – 22 Tigoni House

November 16 – 19 Kisumu

November 23 – 26 Jahazi

November 23 – 26 Tigoni House

Reservations: +254 720278295

Spiritual Retreats for School boys

Weekend: Thursday 7pm - Sunday 4pm

February 23 – 26 Tigoni House

February 27 - March 1 Tigoni House

April 7 – 9 Eastlands College

August 21 – 23 Tigoni House

October 9 – 11 Tigoni House

November 27 – 29 Tigoni House

December 7 – 9 Tigoni House

Reservations: +254 738406311

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