“Help of Christians”

Auxilium christianorum! -- Help of Christians, says the litany of Loreto with confidence. Have you tried to repeat that aspiration in time of difficulty? If you do it with faith, with the tenderness of a daughter or a son, you will discover the power of the intercession of your Holy Mother Mary, who will lead you to victory. (Furrow, 180)

May 14

It is the moment to turn to your Blessed Mother in Heaven, so that she may take you into her arms and win for you a glance of mercy from her Son. And try at once to make some practical resolutions: put a stop once and for all, even though it hurts, to that little defect that holds you back, as God and you yourself know so well. Pride, sensuality and a lack of supernatural spirit will combine forces to suggest to you: 'That? But what a small and insignificant little thing it is!' Don't play with the temptation. Instead, answer: 'Yes, in this too I will surrender myself to the divine call.' And you will be right, for love is shown especially in little things. Normally the sacrifices that Our Lord asks of us, even the most difficult ones, refer to tiny details, but they are as continuous and invaluable as the beating of our heart.

How many mothers have you known who have been the heroines of some epic or extraordinary event? Few, very few. Yet you and I know many mothers who are indeed heroic, truly heroic, who have never figured in anything spectacular, who will never hit the headlines, as they say. They lead lives of constant self-denial, happy to curtail their own likes and preferences, their time, their opportunities for self-expression or success, so that they can carpet their children's lives with happiness. (Friends of God, 134)

pdf | document generated automatically from https://dev.opusdei.org/en-sg/dailytext/help-of-christians/ (08/08/2025)