

opusdei.org

**“Love everyone:
understanding,
excusing, forgiving
all”**

Loving souls for God's sake will make us love everyone: understanding, excusing, forgiving all. We should have a love that can cover the multitude of failings contrived by human wretchedness. We have to have a wonderful charity, veritatem facientes in caritate, defending the truth, without hurting anyone. (The Forge, 559)

June 19

Each day, you will find, as I do, if you examine yourselves courageously in the presence of God, that you have many defects. If we struggle, with God's help, to get rid of them we needn't give them too much importance, and we will overcome them even though it may seem that we never manage to uproot them entirely. Furthermore, over and above those weaknesses, if you are really determined to correspond to God's grace, you will be helping to cure the big shortcomings of others. When you realize you are as weak as they are and capable of any sin, no matter how horrible, you will be more understanding and gentle with others, and at the same time more demanding, because you will want all men to make up their minds to love God with all their heart.

We Christians, children of God, must help others by honestly putting into practice what those hypocrites perversely muttered to the Master: 'You make no distinction between man and man.' That is to say, we must completely reject any kind of partiality (we are interested in the souls of all men!) although it is only natural that we turn first to the people whom for whatever reasons (even though at times they may appear to be only human reasons) God has placed at our side. (Friends of God, 162)

pdf | document generated
automatically from [https://
dev.opusdei.org/en/dailytext/love-
everyone-understanding-excusing-
forgiving-all/](https://dev.opusdei.org/en/dailytext/love-everyone-understanding-excusing-forgiving-all/) (08/10/2025)